

April 2024 Lunch Menu –Daycare/Schools
This Institution is an equal opportunity provider.

April 1 – Lunch	April 2 – Lunch	April 3 – Lunch	April 4 – Lunch	April 5 – Lunch	
2.oz Sloppy Joe WG Wheat Bun 2 oz Or Grilled Cheese Sandwich ¼ - ¾ C Green Beans ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	2.5 oz (5) Chicken Fingers (2 oz M/M alt; 1 oz Grain eq.) ¼ - ¾ C Kettle Baked Beans ¼ C Fresh Baby Carrots (RY); Ranch Dr ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	Fiesta Wednesday— Beef/Turkey Tacos 2 oz. Beef Taco Filling; 2 oz. Refried Beans .50 oz. Shredded Cheese; 50 Lettuce, 1 oz. Tortilla Ultra grain shells. 1 oz. Salsa; ½ - ¾ Fiesta Corn (S) ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	2 oz. Turkey & Cheese Sandwich 2 oz Whole Wheat Bun ¼ - ¾ C Baby Carrots (SCH) ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	1 Sl Pepperoni/Cheese WG Pizza (2.0 oz G eq. 1.75 M/Meat Alt.) ½ Cup Garden Salad (O) (1/2 eq.) ¼ Cup Tomatoes (RO) ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	
April 8– Lunch 2 oz. Corn Dog w/condiments ¼ - ¾ C Diced Carrots (SCH) ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	April 9– Lunch Grilled Cheese on Wheat Bread ¼ - ¾ C. Green Beans ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	April 10– Lunch Fiesta Wednesday— Beef/Turkey Nachos 2 oz. Beef Taco Filling; 2 oz. Refried Beans .50 oz. Shredded Cheese 1 oz. Triangular WG Corn Chips. 1 oz. Salsa; ½ - ¾ Fiesta Corn (S) ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	April 11– Lunch Mac n Cheese ¼ - ¾ C Green Beans ¼ C Fresh Baby Carrots ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	April 12- Lunch 1 Sl Pepperoni/Cheese WG Pizza (2.0 oz G eq. 1.75 M/Meat Alt.) ½ Cup S. Cucumbers w/Ranch ¼ Cup Tomatoes (RO) ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	
April 15 - Lunch 2.5 oz. Hamburger w/ Cheese Turkey w/ Cheese Wheat Bun 1 Ser Dill Pickel Slice ¼ - ¾ C Green Beans ½ C Fruit/Juice 8oz. Whole or 1% - 2% Milk Choice	April 16 - Lunch 2.5 oz Popcorn Chicken (2 oz M/M alt; 1 oz Grain eq.) ¼ - ¾ C Mashed Potatoes w/Gravy ¼ C Steamed Carrots 8 oz. Whole or 1% -2% Milk Choice	April 17 - Lunch Fiesta Wednesday— Beef/Turkey Tacos 2 oz. Beef Taco Filling; 2 oz. Refried Beans .50 oz. Shredded Cheese; 50 Lettuce, 1 oz. Tortilla Ultra grain shells. 1 oz. Salsa; ½ - ¾ Fiesta Corn (S) ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	April 18 - Lunch 2 oz Grilled Cheese On Wheat Bread ¼ - ¾ C Steamed Broccoli ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	April 19 – Lunch 1 Sl Pepperoni/Cheese WG Pizza (2.0 oz G eq. 1.75 M/Meat Alt.) ½ Cup S. Garden Salad w/Ranch (1/2 eq.) ¼ Cup Tomatoes (RO) ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	
April 22 - Lunch 4-6 oz. Chili w/ Beans or Vegetarian Chili ¼ - ¾ C. Baby Carrots (SCH) 1 Serving Crackers ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	April 23 - Lunch 2.5 oz (2) Chicken Tenders (2 oz M/M alt; 1 oz Grain eq.) ¼ - ¾ C Kettle Beans (L) ¼ C Fresh Baby Carrots (RY); Ranch Dr ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	April 24- Lunch Fiesta Wednesday— Beef/Turkey Nachos 2 oz. Beef Taco Filling; 2 oz. Refried Beans .50 oz. Shredded Cheese 1 oz. Triangular WG Corn Chips. 1 oz. Salsa; ½ - ¾ Fiesta Corn (S) ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	April 25- Lunch Chef Salad w/lettuce, carrots, tomato 2 oz Ham, Turkey, cheese 1 boiled egg 1 ser Salad dressing (ranch) Cookie – 1 serving ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	April 26- Lunch 1 Sl Pepperoni/Cheese WG Pizza (2.0 oz G eq. 1.75 M/Meat Alt.) ½ Cup. Cucumbers w/Ranch ¼ Cup Tomatoes (RO) ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	
April 29- Lunch Meatball Sub WG Wheat Bun 2 oz b¼ - ¾ C. Broccoli ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice	April 30- Lunch Chicken Pattie w/ Condiments 1 Serving Wheat Bun (2 oz. G- eq.) ¼ - ¾ C Kettle Baked Beans ¼ C Fresh Baby Carrots (RY); Ranch Dr ½ C Fruit/Juice 8 oz. Whole or 1% -2% Milk Choice				
MEAL PATTERN REQUIREMENTS	Serving Size 1-2 Yrs.	Serving Size 3-5 Yrs.	Grades K-8	Grades 9-12	Adults/Enhanced
Fruits	1/8 cup.	¼ cup	½ Cup Daily (2 ½ Cup Weekly)	1 Cup Daily (5 Cup Weekly)	
1 Milk/Fluid milk	4 oz.	6 oz.	8 oz. Daily (5 Cups Weekly)	1 Cup Daily (5 Cups Weekly)	8oz s
Vegetables	1/8 c. Vegetable	1/4 c. Vegetable	3/4 Cup Daily (3 ¾ Cup Weekly)	1 Cup Daily (5 Cup Weekly)	1 C
1 Meat/ Meat Alternate	1 oz. Meat	1 1/2 oz. Meat	2 oz. Daily (8-9-10 oz. Weekly)	2 oz. (10-12 oz. Weekly)	3oz
Breads/Bread Product	½ /slice	½ slice	1 slice Daily (8-10 Weekly)1 serving	2 oz. Daily (10-12 Weekly)	2 oz
Grain Pasta	½ serving	½ serving	½ cup		
	¼ cup	¼ cup			

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With unforeseen circumstances, menu subject to change. Client will be notified immediately.